

Packing Check List

STORAGE		HYGIENE	
Full pack or assault pack	<input type="checkbox"/>	Toothbrush	<input type="checkbox"/>
Rain cover	<input type="checkbox"/>	Toothpaste (store in bear canister)	<input type="checkbox"/>
Assorted compression sacks	<input type="checkbox"/>	Deodorant (unscented - store in bear canister)	<input type="checkbox"/>
BEDDING		Comb or brush	<input type="checkbox"/>
Temperature appropriate sleeping bag	<input type="checkbox"/>	Toilet paper with Ziploc bag	<input type="checkbox"/>
Sleeping pad	<input type="checkbox"/>	Collapsible shovel for cat holes	<input type="checkbox"/>
Over bag	<input type="checkbox"/>	Wash rag or camp towel	<input type="checkbox"/>
SHELTER		Bandana or hair clip	<input type="checkbox"/>
Tent or bevy sack	<input type="checkbox"/>	STRONGLY RECOMMENDED	
Tarp, tent footprint, or drop cloth	<input type="checkbox"/>	Sunglasses or Glacier Glasses	<input type="checkbox"/>
Optional tent vestibule	<input type="checkbox"/>	Insect repellent	<input type="checkbox"/>
ESSENTIAL GEAR		Sunscreen	<input type="checkbox"/>
A plan and route left with a reliable friend	<input type="checkbox"/>	Broad rimmed hat or cap	<input type="checkbox"/>
Water bottle or hydration system	<input type="checkbox"/>	Walking staff	<input type="checkbox"/>
Compass, floating or sighting	<input type="checkbox"/>	Lantern with fuel, at least 3 oz. for each day	<input type="checkbox"/>
Map	<input type="checkbox"/>	Portable water purifier or filter	<input type="checkbox"/>
Pocket knife with locking blade	<input type="checkbox"/>	Emergency heat source, stove, sterno, etc.	<input type="checkbox"/>
Rain gear or poncho	<input type="checkbox"/>	Gloves	<input type="checkbox"/>
Flashlight or headlamp with spare batteries	<input type="checkbox"/>	Warm cap / baklava	<input type="checkbox"/>
Waterproof matches	<input type="checkbox"/>	ADDITIONAL CLOTHING	
Three to five survival candles	<input type="checkbox"/>	Extra pair(s) of Socks (fast drying)	<input type="checkbox"/>
Large lawn and leaf trash bag	<input type="checkbox"/>	Extra Pants (fast drying)	<input type="checkbox"/>
Survival whistle	<input type="checkbox"/>	Extra underwear (fast drying)	<input type="checkbox"/>
Thirty feet of nylon shock cord	<input type="checkbox"/>	Long / warm underwear	<input type="checkbox"/>
Six to twelve feet of duct tape	<input type="checkbox"/>	Hiking boots / camp shoes	<input type="checkbox"/>
COOKING GEAR		MEDICATION	
Cookware set	<input type="checkbox"/>	Regular Medication (with instructions)	<input type="checkbox"/>
Mess kit with utensils and insulated cup	<input type="checkbox"/>	Allergy Medication (with instructions)	<input type="checkbox"/>
Stove with fuel, at least 4 oz. for each day	<input type="checkbox"/>	Personal first aid kit with snake bite kit	<input type="checkbox"/>
Bear canister or food sack	<input type="checkbox"/>		
Food	<input type="checkbox"/>		
Cleaning kit, scrub pad, sponge, cheesecloth	<input type="checkbox"/>		

